Osteoarthritis of the Hand

CLASSIFICATION CRITERIA FOR OSTEOARTHRITIS OF THE HAND

Hand pain, aching, or stiffness and 3 or 4 of the following features:

- Hard tissue enlargement of 2 or more of 10 selected joints
- Hard tissue enlargement of 2 or more DIP joints
- Fewer than 3 swollen MCP joints
- Deformity of at least 1 of 10 selected joints

* The 10 selected joints are the second and third distal interphalangeal (DIP), the second and third proximal interphalangeal, and the first carpometacarpal joints of both hands. This classification method yields a sensitivity of 94% and a specificity of 87%. MCP = metacarpophalangeal.