



### Patient History Form

Date of first appointment: \_\_\_\_\_ / \_\_\_\_\_ / \_\_\_\_\_ Time of appointment: \_\_\_\_\_ Birthplace: \_\_\_\_\_  
MONTH DAY YEAR

Name: \_\_\_\_\_ Birthdate: \_\_\_\_\_ / \_\_\_\_\_ / \_\_\_\_\_  
LAST FIRST MIDDLE INITIAL MAIDEN MONTH DAY YEAR

Address: \_\_\_\_\_ Age \_\_\_\_\_ Sex:  F  M  
STREET APT#  
 \_\_\_\_\_ Telephone: Home: (\_\_\_\_) \_\_\_\_\_  
CITY STATE ZIP Work: (\_\_\_\_) \_\_\_\_\_

**MARITAL STATUS:**  Never Married  Married  Divorced  Separated  Widowed

Spouse/Significant Other:  Alive/Age \_\_\_\_\_  Deceased/Age \_\_\_\_\_ Major Illnesses: \_\_\_\_\_

**EDUCATION** (circle highest level attended):

Grade School 7 8 9 10 11 12 College 1 2 3 4 Graduate School \_\_\_\_\_

Occupation \_\_\_\_\_ Number of hours worked/Average per work: \_\_\_\_\_

Referred here by: (check one)  Self  Family  Friend  Doctor  Other Health Professional

Name of person making referral: \_\_\_\_\_

The name of the physician providing your primary medical care: \_\_\_\_\_

Describe briefly your present symptoms: \_\_\_\_\_

\_\_\_\_\_  
 \_\_\_\_\_  
 \_\_\_\_\_

Date symptoms began (approximate): \_\_\_\_\_

Diagnosis: \_\_\_\_\_

Previous treatment for this problem (include physical therapy, surgery and injections; medications to be listed later):

\_\_\_\_\_  
 \_\_\_\_\_

Please list the names of other practitioners you have seen for this problem:

\_\_\_\_\_  
 \_\_\_\_\_

Please shade all the locations of your pain **over the past week on the body figures and hands.**

Example:

Adapted from CLINHAQ, Wolfe F and Pincus T. Current Comment - Listening to the patient - A practical guide to self report questionnaires in clinical care. Arthritis Rheum. 1999;42 (9): 1797-808. Used by permission.

**RHEUMATOLOGIC (ARTHRITIS) HISTORY**

At any time have you or a blood relative had any of the following? (check if "yes")

Yourself	Relative Name/Relationship	Yourself	Relative Name/Relationship
<input type="checkbox"/>	Arthritis (unknown type)	<input type="checkbox"/>	Lupus or "SLE"
<input type="checkbox"/>	Osteoarthritis	<input type="checkbox"/>	Rheumatoid Arthritis
<input type="checkbox"/>	Gout	<input type="checkbox"/>	Ankylosing Spondylitis
<input type="checkbox"/>	Childhood Arthritis	<input type="checkbox"/>	Osteoporosis

Other arthritis conditions: \_\_\_\_\_

Patient's Name: \_\_\_\_\_ Date: \_\_\_\_\_ Physician Initials: \_\_\_\_\_

## SYSTEMS REVIEW

As you review the following list, please check any problems, which have significantly affected you:

Date of last mammogram: \_\_\_\_ / \_\_\_\_ / \_\_\_\_ Date of last eye exam: \_\_\_\_ / \_\_\_\_ / \_\_\_\_ Date of last chest x-ray: \_\_\_\_ / \_\_\_\_ / \_\_\_\_  
Date of last Tuberculosis Test \_\_\_\_ / \_\_\_\_ / \_\_\_\_ Date of last bone densitometry \_\_\_\_ / \_\_\_\_ / \_\_\_\_

### Constitutional

- Recent weight gain amount \_\_\_\_\_
- Recent weight loss amount \_\_\_\_\_
- Fatigue
- Weakness
- Fever

### Eyes

- Pain
- Redness
- Loss of vision
- Double or blurred vision
- Dryness
- Feels like something in eye
- Itching eyes

### Ears-Nose-Mouth-Throat

- Ringing in ears
- Loss of hearing
- Nosebleeds
- Loss of smell
- Dryness in nose
- Runny nose
- Sore tongue
- Bleeding gums
- Sores in mouth
- Loss of taste
- Dryness of mouth
- Frequent sore throats
- Hoarseness
- Difficulty swallowing

### Cardiovascular

- Chest Pain
- Irregular heart beat
- Sudden changes in heart beat
- High blood pressure
- Heart murmurs

### Respiratory

- Shortness of breath
- Difficulty breathing at night
- Swollen legs or feet
- Cough
- Coughing of blood
- Wheezing (asthma)

### Gastrointestinal

- Nausea
- Vomiting of blood or coffee ground material
- Stomach pain relieved by food or milk
- Jaundice
- Increasing constipation
- Persistent diarrhea
- Blood in stools
- Black stools
- Heartburn

### Genitourinary

- Difficult urination
- Pain or burning on urination
- Blood in urine
- Cloudy, "smoky" urine
- Pus in urine
- Discharge from penis/vagina
- Getting up at night to pass urine
- Vaginal dryness
- Rash/ulcers
- Sexual difficulties
- Prostate trouble

### For Women Only:

Age when periods began: \_\_\_\_\_  
Periods regular?  Yes  No  
How many days apart? \_\_\_\_\_  
Date of last period? \_\_\_\_ / \_\_\_\_ / \_\_\_\_  
Date of last pap? \_\_\_\_ / \_\_\_\_ / \_\_\_\_  
Bleeding after menopause?  Yes  No  
Number of pregnancies? \_\_\_\_\_  
Number of miscarriages? \_\_\_\_\_

### Musculoskeletal

- Morning stiffness  
Lasting how long?  
\_\_\_\_\_ Minutes \_\_\_\_\_ Hours
- Joint pain
- Muscle weakness
- Muscle tenderness
- Joint swelling  
*List joints affected in the last 6 mos.*

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

### Integumentary (skin and/or breast)

- Easy bruising
- Redness
- Rash
- Hives
- Sun sensitive (sun allergy)
- Tightness
- Nodules/bumps
- Hair loss
- Color changes of hands or feet in the cold

### Neurological System

- Headaches
- Dizziness
- Fainting
- Muscle spasm
- Loss of consciousness
- Sensitivity or pain of hands and/or feet
- Memory loss
- Night sweats

### Psychiatric

- Excessive worries
- Anxiety
- Easily losing temper
- Depression
- Agitation
- Difficulty falling asleep
- Difficulty staying asleep

### Endocrine

- Excessive thirst

### Hematologic/Lymphatic

- Swollen glands
- Tender glands
- Anemia
- Bleeding tendency
- Transfusion/when \_\_\_\_\_

### Allergic/Immunologic

- Frequent sneezing
- Increased susceptibility to infection

Patient's Name: \_\_\_\_\_ Date: \_\_\_\_\_ Physician Initials: \_\_\_\_\_

**SOCIAL HISTORY**

Do you drink caffeinated beverages?  
 Cups/glasses per day? \_\_\_\_\_

Do you smoke?  Yes  No  Past – How long ago? \_\_\_\_\_

Do you drink alcohol?  Yes  No Number per week \_\_\_\_\_

Has anyone ever told you to cut down on your drinking?  
 Yes  No

Do you use drugs for reasons that are not medical?  Yes  No  
 If yes, please list: \_\_\_\_\_

Do you exercise regularly?  Yes  No  
 Type \_\_\_\_\_

Amount per week \_\_\_\_\_

How many hours of sleep do you get at night? \_\_\_\_\_

Do you get enough sleep at night?  Yes  No

Do you wake up feeling rested?  Yes  No

**PAST MEDICAL HISTORY**

Do you now have or have you ever had: (check if "yes")

Cancer  Heart problems  Asthma  
 Goiter  Leukemia  Stroke  
 Cataracts  Diabetes  Epilepsy  
 Nervous breakdown  Stomach ulcers  Rheumatic fever  
 Bad headaches  Jaundice  Colitis  
 Kidney disease  Pneumonia  Psoriasis  
 Anemia  HIV/AIDS  High Blood Pressure  
 Emphysema  Glaucoma  Tuberculosis

Other significant illness (please list) \_\_\_\_\_

Natural or Alternative Therapies (chiropractic, magnets, massage, over-the-counter preparations, etc.)  
 \_\_\_\_\_  
 \_\_\_\_\_  
 \_\_\_\_\_

**PREVIOUS SURGERIES**

Type	Year	Reason
1.		
2.		
3.		
4.		
5.		
6.		
7.		

Any previous fractures?  No  Yes Describe: \_\_\_\_\_

Any other serious injuries?  No  Yes Describe: \_\_\_\_\_

**FAMILY HISTORY**

	IF LIVING		IF DECEASED	
	Age	Health	Age at Death	Cause
Father				
Mother				

Number of siblings \_\_\_\_\_ Number living \_\_\_\_\_ Number decreased \_\_\_\_\_

Number of siblings \_\_\_\_\_ Number living \_\_\_\_\_ Number decreased \_\_\_\_\_ List ages of each \_\_\_\_\_

Health of children \_\_\_\_\_

**Do you know any blood relative who has or had: (check and give relationship)**

Cancer \_\_\_\_\_  Heart disease \_\_\_\_\_  Rheumatic fever \_\_\_\_\_  Tuberculosis \_\_\_\_\_  
 Leukemia \_\_\_\_\_  High blood pressure \_\_\_\_\_  Epilepsy \_\_\_\_\_  Diabetes \_\_\_\_\_  
 Stroke \_\_\_\_\_  Bleeding tendency \_\_\_\_\_  Asthma \_\_\_\_\_  Goiter \_\_\_\_\_  
 Colitis \_\_\_\_\_  Alcoholism \_\_\_\_\_  Psoriasis \_\_\_\_\_

Patient's Name: \_\_\_\_\_ Date: \_\_\_\_\_ Physician Initials: \_\_\_\_\_

**MEDICATIONS**

**Drug allergies:**  No  Yes If yes, please list: \_\_\_\_\_

Type of reaction: \_\_\_\_\_

**PRESENT MEDICATIONS** (List any medications you are taking. Include such items as aspirin, vitamins, laxatives, calcium and other supplements, etc.)

Name of Drug	Dose (include strength & number of pills per day)	How long have you taken this medication	Please check: <i>Helped?</i>		
			A Lot	Some	Not At All
1.			<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
2.			<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
3.			<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
4.			<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
5.			<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
6.			<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
7.			<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
8.			<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
9.			<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
10.			<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

**PAST MEDICATIONS:** Please review this list of "arthritis" medications. As accurately as possible, try to remember which medications you have taken, how long you were taking the medication, the results of taking the medication and list any reactions you may have had. *Record your comments in the spaces provided.*

Drug names/Dose	Length of time	Please check: <i>Helped?</i>			Reactions	
		A Lot	Some	Not At All		
Non-Steroidal Anti-Inflammatory Drugs (NSAIDs)		<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>		
<i>Circle any you have taken in the past</i>						
Flurbiprofen	Diclofenac + misoprostil	Aspirin (including coated aspirin)			Celecoxib	Sulindac
Oxaprozin	Salsalate	Diflunisal	Piroxicam	Indomethacin	Etodolac	Meclofenamate
Ibuprofen	Fenoprofen	Naproxen	Ketoprofen	Tolmetin	Choline magnesium trisalcylate	Diclofenac
<b>Pain Relievers</b>						
Acetaminophen		<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>		
Codeine		<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>		
Propoxyphene		<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>		
Other:		<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>		
Other:		<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>		
<b>Disease Modifying Antirheumatic Drugs (DMARDs)</b>						
Certolizumab		<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>		
Golimumab		<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>		
Hydroxychloroquine		<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>		
Penicillamine		<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>		
Methotrexate		<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>		
Azathioprine		<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>		
Sulfasalazine		<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>		
Quinacrine		<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>		
Cyclophosphamide		<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>		
Cyclosporine A		<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>		
Etanercept		<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>		
Infliximab		<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>		
Tocilizumab		<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>		
Other:		<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>		
Other:		<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>		

Patient's Name: \_\_\_\_\_ Date: \_\_\_\_\_ Physician Initials: \_\_\_\_\_

**PAST MEDICATIONS** *Continued*

Drug names/Dose	Length of time	Please check: <i>Helped?</i>			Reactions
		A Lot	Some	Not At All	
<b>Osteoporosis Medications</b>					
Estrogen		<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	
Alendronate		<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	
Etidronate		<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	
Raloxifene		<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	
Fluoride		<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	
Calcitonin injection or nasal		<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	
Risedronate		<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	
Other:		<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	
Other:		<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	
<b>Gout Medications</b>					
Probenecid		<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	
Colchicine		<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	
Allopurinol		<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	
Other:		<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	
Other:		<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	
<b>Others</b>					
Tamoxifen		<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	
Tiludronate		<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	
Cortisone/Prednisone		<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	
Hyaluronan		<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	
Herbal or Nutritional Supplements		<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	

*Please list supplements:*

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Have you participated in any clinical trials for new medications?  Yes  No

*If yes, list:*

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Patient's Name: \_\_\_\_\_ Date: \_\_\_\_\_ Physician Initials: \_\_\_\_\_

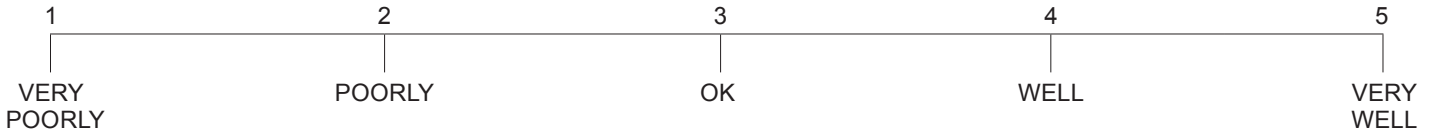
**ACTIVITIES OF DAILY LIVING**

Do you have stairs to climb?  Yes  No *If yes, how many?*

How many people in household? \_\_\_\_\_ Relationship and age of each \_\_\_\_\_

Who does most of the housework? \_\_\_\_\_ Who does most of the shopping? \_\_\_\_\_ Who does most of the yard work? \_\_\_\_\_

On the scale below, circle a number which best describes your situation; *Most of the time, I function...*



**Because of health problems, do you have difficulty:**  
*(Please check the appropriate response for each question.)*

	Usually	Sometimes	No
Using your hands to grasp small objects? (buttons, toothbrush, pencil, etc.) .....	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Walking? .....	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Climbing stairs? .....	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Descending stairs? .....	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Sitting down? .....	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Getting up from chair? .....	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Touching your feet while seated? .....	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Reaching behind your back? .....	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Reaching behind your head? .....	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Dressing yourself? .....	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Going to sleep? .....	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Staying asleep due to pain? .....	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Obtaining restful sleep? .....	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Bathing? .....	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Eating? .....	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Working? .....	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Getting along with family members? .....	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
In your sexual relationship? .....	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Engaging in leisure time activities? .....	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
With morning stiffness .....	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Do you use a cane, crutches, walker or wheelchair? <i>(circle one)</i> .....	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

What is the hardest thing for you to do? \_\_\_\_\_

- Are you receiving disability? .....Yes  No
- Are you applying for disability? .....Yes  No
- Do you have a medically related lawsuit pending? .....Yes  No

Patient's Name: \_\_\_\_\_ Date: \_\_\_\_\_ Physician Initials: \_\_\_\_\_