



## PATIENT FACT SHEET

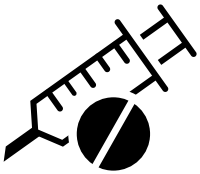
# Anakinra (Kineret)



### WHAT IS IT?

**Anakinra is a biologic drug that helps to decrease inflammation in rheumatoid arthritis (RA) and other inflammatory diseases.** Anakinra is FDA-approved to treat rheumatoid arthritis and neonatal-onset multisystem inflammatory disease (NOMID). Although not FDA-approved, anakinra is sometimes used for

systemic juvenile idiopathic arthritis (SJIA), Adult-Onset Still's Disease (AOSD), gout, calcium pyrophosphate deposition (CPPD, formerly called pseudogout), Behcet's syndrome, ankylosing spondylitis, uveitis, and other autoinflammatory syndromes.

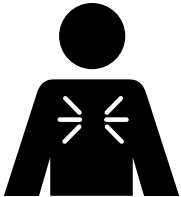


### HOW TO TAKE IT

For RA, **the standard dose is 100mg per day injected under the skin.** In children with neonatal-onset multisystem inflammatory disease (NOMID) and other autoinflammatory diseases, the dose is adjusted based on patient weight. In children, the starting dose is 1-2mg/kg daily. The dose can be taken every other day in patients with decreased kidney function. Anakinra is effective by itself. In the case of RA, anakinra can be taken with methotrexate.

Anakinra must be stored in a refrigerator and warmed to room temperature before use. A nurse or physician can teach patients how to give themselves the injections. It often helps to bring a spouse or friend along to learn how to do the injections. Anakinra can be injected in the front of the thigh or abdomen. Injection sites should be rotated so that the same site is not used repeatedly.

Anakinra relieves symptoms of RA in 4-6 weeks. In NOMID, systemic juvenile idiopathic arthritis, Adult-Onset Still's Disease, gout and other autoinflammatory disorders, anakinra may begin to relieve symptoms within hours.



### SIDE EFFECTS

**The most common side effects are reactions around the site of injection, such as redness, itching, rash and pain.** Bruising or bleeding can also occur, but it is rare. These effects usually stop after 1-2 weeks. Headaches and low white blood cell counts can occur, but these are very rare.

Anakinra has no known interactions with other medications. Anakinra should not be used at the same time as other biologics, as they increase the risk for infection.



### TELL YOUR DOCTOR

**Anakinra can increase your risk of infection. See your doctor if you are not feeling well or if you develop a fever.** Your doctor can stop anakinra and start antibiotics, if needed. Anakinra blocks one of the pathways that cause inflammation—this pathway is

also used to fight infections. Patients taking anakinra should not receive live vaccines, such as certain forms of the influenza vaccine, shingles and yellow fever. Please consult your doctor beforehand.