

**Single-System Musculoskeletal Exam**

**Patient Right**

**Patient Left**

**Joint Exam**

Joint	Patient Right				Patient Left			
	Pain/Tend.	Swelling	Crepitus	ROM	Pain/Tend.	Swelling	Crepitus	ROM
TMJ	0 1	0 1	0 1	N D	0 1	0 1	0 1	N D
S-C	0 1	0 1	0 1	N D	0 1	0 1	0 1	N D
A-C	0 1	0 1	0 1	N D	0 1	0 1	0 1	N D
GHJ	0 1	0 1	0 1	N D	0 1	0 1	0 1	N D
Elbow	0 1	0 1	0 1	N D	0 1	0 1	0 1	N D
Wrist	0 1	0 1	0 1	N D	0 1	0 1	0 1	N D
CMC	0 1	0 1	0 1	N D	0 1	0 1	0 1	N D
MCP I	0 1	0 1	0 1	N D	0 1	0 1	0 1	N D
MCP II	0 1	0 1	0 1	N D	0 1	0 1	0 1	N D
MCP III	0 1	0 1	0 1	N D	0 1	0 1	0 1	N D
MCP IV	0 1	0 1	0 1	N D	0 1	0 1	0 1	N D
MCP V	0 1	0 1	0 1	N D	0 1	0 1	0 1	N D
IP	0 1	0 1	0 1	N D	0 1	0 1	0 1	N D
PIP II	0 1	0 1	0 1	N D	0 1	0 1	0 1	N D
PIP III	0 1	0 1	0 1	N D	0 1	0 1	0 1	N D
PIP IV	0 1	0 1	0 1	N D	0 1	0 1	0 1	N D
PIP V	0 1	0 1	0 1	N D	0 1	0 1	0 1	N D
DIP II	0 1	0 1	0 1	N D	0 1	0 1	0 1	N D
DIP III	0 1	0 1	0 1	N D	0 1	0 1	0 1	N D
DIP IV	0 1	0 1	0 1	N D	0 1	0 1	0 1	N D
DIP V	0 1	0 1	0 1	N D	0 1	0 1	0 1	N D
Hip	0 1	0 1	0 1	N D	0 1	0 1	0 1	N D
Knee	0 1	0 1	0 1	N D	0 1	0 1	0 1	N D
Ankle	0 1	0 1	0 1	N D	0 1	0 1	0 1	N D
Tarsus	0 1	0 1	0 1	N D	0 1	0 1	0 1	N D
MTP I	0 1	0 1	0 1	N D	0 1	0 1	0 1	N D
MTP II	0 1	0 1	0 1	N D	0 1	0 1	0 1	N D
MTP III	0 1	0 1	0 1	N D	0 1	0 1	0 1	N D
MTP IV	0 1	0 1	0 1	N D	0 1	0 1	0 1	N D
MTP V	0 1	0 1	0 1	N D	0 1	0 1	0 1	N D
Great Toe	0 1	0 1	0 1	N D	0 1	0 1	0 1	N D
IP II	0 1	0 1	0 1	N D	0 1	0 1	0 1	N D
IP III	0 1	0 1	0 1	N D	0 1	0 1	0 1	N D
IP IV	0 1	0 1	0 1	N D	0 1	0 1	0 1	N D
IP V	0 1	0 1	0 1	N D	0 1	0 1	0 1	N D
DIP II	0 1	0 1	0 1	N D	0 1	0 1	0 1	N D
DIP III	0 1	0 1	0 1	N D	0 1	0 1	0 1	N D
DIP IV	0 1	0 1	0 1	N D	0 1	0 1	0 1	N D
DIP V	0 1	0 1	0 1	N D	0 1	0 1	0 1	N D

**Key**

- 0 Absent
- 1 Present
- N Normal
- D Decreased

**Gait**

- Antalgic
- Broad-based

**Devices Used by Patient**

- Wheelchair
- Splint \_\_\_\_\_
- Cane
- Crutches
- Walker
- Braces \_\_\_\_\_

**Deformities/Subluxation**

- Fingers
  - Swan Neck \_\_\_\_\_
  - Boutonniere \_\_\_\_\_
- Wrist
- Thumb
- Knee
  - Valgus
  - Varus
  - Popliteal Cyst
  - Instability
  - Flex. Contracture \_\_\_\_\_
- Ankle
- Toes
  - Bunion \_\_\_\_\_
  - Hammer Toe \_\_\_\_\_

**Joint/Point Count**

Total Painful/Swollen Joints \_\_\_\_\_

Total Tender Points \_\_\_\_\_

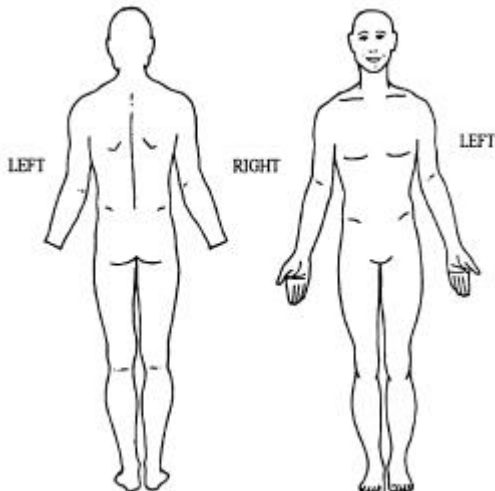
**Spine Exam**

**WNL ND Abnormalities** (ROM, Palpation, Inspection, Strength, Dermatomal Sensation, Reflexes, Special Tests, etc.)

<b>Cervical</b>	<input type="checkbox"/> <input type="checkbox"/>	
<b>Thoracic</b>	<input type="checkbox"/> <input type="checkbox"/>	<input type="checkbox"/> Kyphosis    Chest Expansion: <input type="checkbox"/> Scoliosis
<b>Lumbo-sacral</b>	<input type="checkbox"/> <input type="checkbox"/>	SI Joint WNL <input type="checkbox"/> Tenderness <input type="checkbox"/> ND <input type="checkbox"/> Shober's Test:

**Non-Articular Exam**

Shade areas of non-articular pain or tenderness.



Adapted from CLINHAQ, Wolfe F and Pincus T. Current Comment – Listening to the patient – A practical guide to self report questionnaires in clinical care. Arthritis Rheum. 1999;42 (9):1797-808. Used by permission.

**Additional Notes**

---

---

---

---

---

---

---

---

**Teaching Physician Comments**

---

---

---

---

---

---

---

---

**Patient Name** \_\_\_\_\_ **Date of Visit** \_\_\_\_\_ **Physician's Initials** \_\_\_\_\_